**Wednesday, July 24, 2024**

   Check-in / Registration *(2:00pm - 5:00pm)*

   Dinner *(5:15pm - 6:45pm)*

   Opening Plenary / Welcome Social *(7:00pm - 11:00pm)*

**Thursday, July 25, 2024**

   Breakfast *(7:30am - 8:45am)*, Lunch *(12:15pm - 1:15pm)*, Dinner *(6:00pm - 7:30pm)*

   Workshops *(9:00am - 4:30pm)*

   Explore and Restore Yoga Session *\*limited number of seats (5:00pm - 6:00pm)*

**Friday, July 26, 2024**

   Breakfast *(7:30am - 8:45am)*, Lunch N' Learn *(12:15pm - 1:30pm)* *\*dinner not included*

   Workshops *(9:00am - 4:45pm)*

   Evening Activities *(7:00pm - 9:00pm)*

**Saturday, July 27, 2024**

   Breakfast *(7:30am - 8:45am)*

   Women in Leadership Panel / Keynote Speaker / Closing Plenary *(9:00am - 12:00pm)*