



If You Are Injured At Work

Step 1: Report it to first aid attendant or supervisor

Step 2: Seek medical attention and tell your doctor your injury is work related.

Step 3: Start a claim by reporting it to the WCB as soon as possible. If you seek medical attention as a result of your injury start your claim by:

Option 1: Call WCB Teleclaim, 1-888-WORKERS

Option 2: Download and submit an Application for Compensation at www.worksafebc.com

Resource Information

Emergency & Accident Reporting: 1-888-621-7233

Prevention Information: 1-888-621-7233

Emergency After Hours: 1-866-922-4357

Provincial Legislation (Young or New Worker Training)

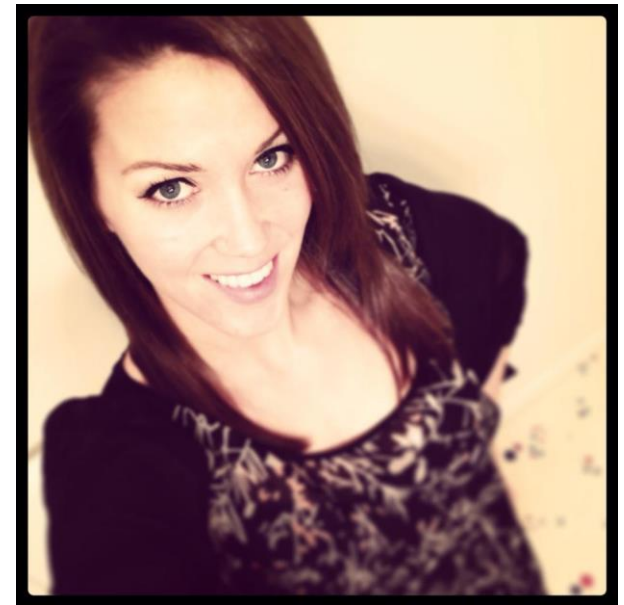
<http://www2.worksafebc.com/publications/OHSRegulation/Part3.asp#SectionNumber:3.23>

THE MOST DANGEROUS TASKS FOR YOUNG WORKERS:

- Lifting objects, for retail clerks, shipper-receivers, labourers and material handlers in a number of industries
- Working on ladders, stairs, scaffolding, and other raised areas in any industry
- Driving or riding in vehicles, and operating or working near mobile equipment in any industry
- Using knives in food service, retail sales and supermarkets
- Working with hot substances or equipment in restaurants
- Operating food slicers in restaurants and supermarkets, by deli sales clerks, cooks, food service helpers/preparers, and retail sales clerks
- Working near running equipment or machinery

Young & New Workers Often End Up Doing Very Dangerous, Dirty and Difficult Jobs:

- Over 50% of work-related accidents happen in the first 6 months on the job
- Every day in BC, 30 young workers have to miss work because of injuries
- Nearly 1/3 of all occupational injuries happen to young workers
- On average in B.C. every year, over 150 people are killed because of their work
- On average in Canada each year over 1050 people are killed because of their work



Young Worker Safety

Young and new workers run a greater risk of being injured on the job than workers in any other age group!

Know Your Rights

- **The Right to Know**
- **The Right to Participate**
- **The Right to Refuse Unsafe Work**
- **The Right to No Discrimination**